

Barrie AAA Zone - Athlete Care Program

The **Athlete Care Program** has been specifically designed for the Barrie AAA Hockey Association as a preferred service to enhance the medical care, rehabilitation, and prevention of injuries. Sports Medicine and Rehabilitation Centre is Barrie's foremost rehabilitation facility that offers the following services for your coaches, trainers, parents and players.

☐ **HEAD OFFICE**

Huronio Place
 411 Huronia Road,
 Unit 5
 Barrie, Ontario
 L4N 9B3
 Ph: (705) 734-1588
 Fax: (705) 727-9089

☐ **BARRIE**

Huronio Place
 411 Huronia Road,
 Unit 5
 Barrie, Ontario
 L4N 9B3
 Ph: (705) 734-3340
 Fax: (705) 734-9210

☐ **BARRIE**

Barrie Medical Arts
 121 Wellington Street, W.,
 Suite 103
 Barrie, Ontario
 L4N 1L2
 Ph: (705) 722-9981
 Fax: (705) 722-9985

☐ **ANGUS**

199 Mill Street,
 Unit 2 & 3,
 Angus, Ontario
 L0M 1B2
 Ph: (705) 424-7135
 Fax: (705) 424-9712

Physiotherapy

**Massage
 Therapy**

Chiropractic

**Athletic
 Therapy**

1. Fast track physiotherapy or athletic therapy appointments

- a. AAA players will receive priority appointments
- b. Option of utilizing any of our three locations
- c. Therapists will provide parents return to sport recommendations

2. Sports Medicine Primary Care Physician

- a. Parents and players can book direct with Dr. Shannon Bauman who has extensive sport injury experience. Concussion management, assessment and return to play expertise. Covered by OHIP.
 - i. 411 Huronia Road – 734-3340

3. Fast track Sport Injury Orthopaedic assessment

- a. Orthopaedic Surgeons provide injury consultation (Huronio location)
 - i. Dr. Korkola, Dr. Ikejiani, Dr. McKenzie, Dr. O'Sullivan
- b. Must have a referral from your family doctor, or Dr. Bauman

4. Fast track medical services – Huronia Urgent Care Clinic

- a. Sports medicine therapists can facilitate medical interventions, if necessary

5. Trainer's Choice braces and supports will be offered at a 10% discount

- a. This includes any rehabilitative or protective product (excludes custom braces)
- b. Trainer's Choice, 411 Huronia Road, Barrie – 721-5138

6. Trainers first aid kits and refill supplies will be available at 10% off

- a. We will make recommendations on contents and offer advice on kit upgrades
- b. Trainer's Choice, 411 Huronia Road, Barrie – 721-5138
- c. www.trainerschoice.ca

7. Mentorship for your trainers through our on-site athletic therapist

- a. A certified athletic therapist with hockey experience will be available to answer questions and provide feedback for any trainer who wishes to receive advice on acute care, prevention, equipment or first aid. Josh Lundberg, certified athletic therapist can be reached at – 734-3340

